



Food Writers New Zealand  
**HANDBOOK**  
reference

# FOOD REFERENCE BOOKS

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*A History of Food in 100 Recipes*  
by William Sitwell

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*Artichoke to Za'atar: Modern Middle Eastern Food*  
by Greg Malouf and Lucy Malouf

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*Charmaine Solomon's Encyclopedia of Asian Food*  
by Charmaine Solomon

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*Grand Livre de Cuisine: Alain Ducasse's Culinary Encyclopedia*  
by Alain Ducasse

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*Herbs & Spices: The Cook's Reference*  
by Jill Norman

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*Jane Grigson's Vegetable Book*  
by Jane Grigson

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*Keys to Good Cooking: A Guide to Making the Best of Foods and Recipes*  
by Harold McGee

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*Larousse Gastronomique*  
by Larousse editors

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*Mastering the Art of French Cooking*  
by Julia Child, Simone Beck and Louise Bertholle

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*New Zealand Food & Cookery*  
by David Burton

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*On Food & Cooking: The Science and Lore of the Kitchen*  
by Harold McGee

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*Safe Food*  
by Pip Duncan and Liz Fitchett

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*Tender: Volumes 1 & 11*  
by Nigel Slater

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*Thai Food*  
by David Thompson

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*The Book of Jewish Food: An Odyssey from Samarkand to New York*  
by Claudia Roden

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*The Constance Spry Cookery Book*  
by Constance Spry and Rosemary Hume

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*The Cook's Companion*  
by Stephanie Alexander

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*The Cooks' Bible*  
by Le Cordon Bleu

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*The Food of France*  
by Waverley Root

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*The Food Substitutions Bible: More Than 5,500 Substitutions for Ingredients, Equipment & Techniques* by David Joachim

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*The Italian Cooking Encyclopedia: The Definitive Professional Guide to Italian Ingredients and Cooking Techniques* by Carla Capalbo et al

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*The Oxford Companion to Food*  
by Alan Davidson

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*The Recipe Writer's Handbook*  
by Barbara Gibbs Ostmann and Jane Baker

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*The Spice and Herb Bible, Second Edition*  
by Ian Hemphill and Kate Hemphill

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*The World Atlas of Food: A Gourmet's Guide to the Great Regional Dishes of the World* by Jane Grigson

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ALSO NOTE: New Zealand food industry boards publish their own guides, handbooks and references for their products. All queries and research should be directed to the industry in question, e.g. Beef and lamb New Zealand, vegetables.co.nz, Seafood New Zealand etc

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*This list was compiled with the help of Eat Your Books. This website is invaluable as a tool for finding recipes in the cookbooks and magazines you own. [www.eatyourbooks.com](http://www.eatyourbooks.com)*

Our first handbook was produced in 1991, with the purpose of providing a reference tool that in turn would establish standards for New Zealand food writers. In 1999 the handbook was updated to reflect the growing needs of members.

Food Writers New Zealand is indebted to our hardworking, talented, innovative and active contributors who provided their specialist input for this latest edition.

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KATHY PATERSON, PRESIDENT, 2016

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**ORGANISATIONS**

[5+ A Day](#)

[Auckland Regional Public Health Service \(ARPHS\)](#)

[Beef + Lamb NZ](#)

[Deer Industry of New Zealand](#)

[Ministry for Primary Industries \(MPI\)](#)

[Ministry of Health \(MoH\)](#)

[New Zealand Pork](#)

[Seafood New Zealand Ltd](#)

[Potatoes NZ Inc](#)

[Poultry Industry Association of New Zealand](#)

[Vegetables.co.nz](#)

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